

3 HANDS-ON COURSES IN 1 TRIP



New Trends & Cutting-Edge Techniques in Endodontics

Anterior Aesthetic Solutions With Composite Resins

Fractured Tooth, Diastema Closure, Composite Veneer Restorations

All Aspects of Porcelain Laminate Veneers

02 - 08 April 2020, Istanbul

DrVesta.com

*Istanbul
Welcomes Sudanese
Dentists...*

vestapremium  



**Knightsbridge
Academy**

Dental & Medical
Trainings





VESTA Academy

We are all aware that graduating from dental or medical school with knowledge followed by years of experience is no longer valid for success without continuing education.

As the speed of information increases and artificial intelligence progresses all dentists will find it necessary to adapt to this new era by staying relevant with continuing postgraduate education or they will be left behind due to outdated knowledge and skills. The education gap post graduation has already left some dentist struggling to stay competitive in the new world of dentistry.

The need for lifelong learning and education is exactly why Vesta was developed providing

doctors with a reliable and safe channel for life long education. VESTA was created by Vestiyer publishing group, offering a variety of training on dental and para-dental fields for dentist and their team members.

VESTA is the undisputed leader in Turkey and expresses their mission with this sentence: *Better dentistry and medicine through lifelong postgraduate education.*

We thank you for your kind interest and trust.





About

Vestiye Publishing Group has been in the service of dentistry for over a quarter century. In 2005, we decided to create a unit which operates post graduate dental education focused activities within the Vestiye Publishing Group.

For this new unit, we decided to use the name “VESTA” which is combination of “VEST” from Vestiye and “A” from Academy.

VESTA held the first training in 2006. VESTA backed by Vestiye Publishing Group’s experience begin to grow rapidly in a very short time introducing international trainings which drew great interest of dentist worldwide.

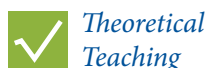
VESTA has conducted hundreds of training seminars and conferences for dentists and their assistants. Thousands of participants from Turkey and all over the world preferred VESTA to improve, update and strengthen their education.

VESTA holds trainings throughout Turkey in major cities such as Istanbul, Ankara, Izmir, and Mersin. VESTA has become an international pioneer organizing exclusive trainings for dentists in cities throughout the world including London, Vienna, Los Angeles, Zürich, Las Vegas and Lefkosa to name just a few.



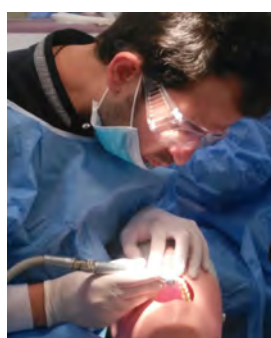
02-08 April 2020, Istanbul

Three hands-on courses in one trip



This combined postgraduate course program aims to teach the participants new endodontics and aesthetic techniques which will help their practices to get perfect results.

Besides theoretical sessions, the program includes many hands-on practices, workshops and demonstrations to help for understanding subjects.



THE PROGRAM DELIVERS 3 DIFFERENT COURSES WHICH ARE BASED ON TWO OF MOST IMPORTANT SKILLS TO THE DELEGATES:

Endodontics Course

- New Trends & Cutting-Edge Techniques in Endodontics

Aesthetic Courses

- Anterior Aesthetic Solutions With Composite Resins
- All Aspects of Porcelain Laminate Veneers

Istanbul Welcomes Sudanese Dentists...



This unique program also offers to the delegates an unforgettable week with social activities at one of most beautiful cities in the world, Istanbul.



CITY TOUR

You will visit most important landmarks of Istanbul in the historical peninsula with our experienced tour guide.



GALA DINNER

In your last night in Istanbul, you are invited to Gala Dinner which is prepared by well-known chef masters.



SHOPPING TIME

During your stay, you will have free times to shop for your families, friends and yourselves.

TWO DAYS ENDODONTICS COURSE

New Trends & Cutting-Edge Techniques in Endodontics

Faculty

Doç. Dr. Taha Özyürek
Doç. Dr. Mustafa Gündoğar

Date

03rd & 04th April 2020, Friday & Saturday

Duration

7 Hours x 2 Days

Teaching Method

- Theoretical Lessons
- Hands-on practice with the latest technology under microscope.
- Handouts

Language

English

ENDODONTICS DAY 1

Morning Session

Introduction to Endodontics

Learning Objectives

- Understand the basic principles for a correct endodontic diagnosis
- Selection criteria of 2-D and 3-D radiography
- Importance of magnification in endodontics
- Selection of correct instruments and materials for isolation of the tooth

Access to the Root Canal System

Learning Objectives

- Selection of correct instruments and materials for isolation of the tooth
- Understand the basic principles of access cavity preparation
- Understand the modern minimal invasive cavity preparation

- Selection of correct materials and approach for different clinical situations
- Errors in access cavity preparation and prevention of these errors

Practical Session

- Participants will observe the preparation of access cavities using minimal invasive approach in different type of extracted teeth.
- Participants will observe and apply different isolation techniques in phantom jaw models.

ENDODONTICS DAY 1 *Afternoon Session*

Glide Path Management

Learning Objectives

- Definitions of scouting, glide path creation and pre-flaring
- Understand the anatomical problems in scouting root canals
- Selection of correct tools and techniques to create glide path
- Prevention of iatrogenic errors during scouting and glide path creation

Instrumentation of Root Canals

Learning Objectives

- Understand the basic features of novel different endodontic nickel-titanium instruments

- Understand the advantages and disadvantages of nickel-titanium instruments
- Selection of correct instruments for different clinical situations
- Obtain the best outcome in root canal preparation procedure
- How to prevent the instrument fracture and post-operative pain

Practical Session

- Participants will negotiate and shape root canals in all different types of extracted teeth.

ENDODONTICS DAY 2 *Morning Session*

Apical Preparation and Irrigation

Learning Objective

- Understand the basic principles for obtaining success in endodontics
- Understand the importance of apical preparation and irrigation to success
- Selection of the correct instruments to perform an effective apical preparation
- Simple and predictable irrigation protocol for all clinical cases
- Describe the novel technologies to improve debridement and disinfection

Filling Root Canals in 3-D

Learning Objectives

- Understand the basic principles for obturation the root canals
- Describe the advantages and disadvantages of the different obturation techniques
- Select the correct techniques for different clinical conditions
- Give step-by-step clinical procedures to fill root canals

Practical Session

- Participants will perform apical preparation, activation of irrigants and 3-D obturation of root canals in all different types of extracted teeth.

ENDODONTICS DAY 2 *Afternoon Session*

Orifice Location and Management of Perforations and Open Apexes

Learning Objectives

- Understand the importance of magnification and ultrasonic
- Understand the anatomical problems in searching for root canals
- Selection of correct tools to obtain best results for perforations
- Describe step-by-step procedures to repair perforations

Management of Broken Instruments and Removal of Filling Materials

Learning Objectives

- Understand the importance of magnification and ultrasonic

- Select the correct tools for broken file bypass and removal
- Describe step-by-step procedures for broken file bypass and removal
- Perform the effective removal of filling materials in different clinical conditions

Practical Session

- Participants will locate missed canals and repair perforations in all different types of extracted teeth.
- Participants will practice to bypass and remove fracture instruments in all different types of extracted teeth.



All Aspects of Porcelain Laminate Veneers

The beauty of porcelain laminate veneers is that any dentist that is willing to learn the clinical workflow can successfully place them. If you are currently not offering ceramic veneers in your practice on a regular basis or do not feel entirely confident, this didactic and hands-on course will provide you with the skills necessary to gain that confidence.

“All Aspects of Porcelain Laminate Veneers” is an informative and hands-on course designed for dentists who wish to improve on their basic skills but would also like to advance to the next level.

The purpose of this course will be to teach participants, from beginning to end, all planning and clinical procedures to successfully place ceramic veneers in variety of simple and demanding cases.

The course provides lectures and hands-on training on:

- Planning (analyzing photos, wax-up, mock-up)
- Tooth preparation
- Impressions
- Color and material selection
- Cementation materials and techniques

Clinical procedures for porcelain laminate veneers including necessary tips and tricks for treating patients with diastema, discolored and/

or mal-aligned teeth will be discussed in detail. Probable reasons for failure and trouble shooting will also be revised throughout this course.

Learning Objectives

All participant will learn;

- The stages of PLV treatment.
- To make preparation and cementation.
- To solve problems after cementation.

Faculty

Prof. Dr. Altay Uludamar

Date

5th - 6th April 2020, Sunday - Monday

Duration

7 + 4 = 11 hours (in two days)

Teaching Method

- Theoretical Lessons
- Hands-on practice phantom jaw models.
- Demonstrations
- Handouts

Language

English

Anterior Aesthetic Solutions With Composite Resins

Fractured Tooth, Diastema Closure, Composite Veneer Restorations

Anterior aesthetic restorations have an important place in dental practice. Direct composite resin restorations are the first choice in most cases. Function, form and aesthetic can adequately be created with the contemporary composite resins thanks to significant improvements in their shade options, application techniques and polishing systems.

In addition, better emergency profile and proximal contour can be formed with newly developed matrix systems. Although we can get good aesthetic results with composite resins, there are still some questions about the longevity of composite resin restorations. Additionally, some difficulties may be encountered due to diverse clinical challenges during application steps. In order to overcome these problems, proper indication, optimal material combination and ideal technique are essential.

In this course program, indications, limitations, application steps and clinical performances of fractured tooth, diastema closure and composite veneer restorations performed with direct composite resins in the anterior region will be examined in the light of current literature. Restoration procedures will be performed step by step with the participants on the models.

Faculty

Prof. Dr. Esra Uzer Çelik

Date

6th - 7th April 2020, Monday - Tuesday

Duration

4 + 7 = 11 hours (in two days)

Teaching Method

- Theoretical Lessons
- Hands-on practice phantom models
- Demonstrations
- Handouts

Language

English

Anterior Aesthetic Solutions With Composite Resins

Fractured Tooth, Diastema Closure, Composite Veneer Restorations

Learning Objectives

- To have knowledge about the basic principles of smile design,
- To be able to apply occlusion evaluation methods,
- To be able to make an appropriate treatment plan for the case,
- To be able to select the optimal adhesive system depending on the clinical case in anterior restorations,
- To be able to select the optimal composite resin for the anterior restorations,
- To be able to prepare enamel bevel properly,
- To be able to prepare a silicone index properly,
- To be able to make simple veneer preparation,
- To have knowledge about the tricks of creating an emergency profile,
- To be able to decide the location of contact area,
- To be able to place different shades according to the layering technique,
- To have knowledge about the tricks of masking the fracture line,
- To be able to form the primary, secondary and tertiary anatomy,
- To be able to polish the restorations properly.

Faculty

Prof. Dr. Altay Uludamar



Graduated from the Hacettepe University, Faculty of Dentistry in 1988. He continued his studies at University of London, Eastman Dental Hospital, Department of Prosthetics and received his Master of Science degree in Prosthetic Dentistry in 1993. Dr. Uludamar submitted his PhD thesis titled 'An in-vitro investigation to evaluate the influence of different surface preparation methods on the bond strength of two composite resin luting cements to yttrium stabilized zirconium oxide ceramic' and gained his PhD degree in 2007.

In 2016, he took part as a founding member and lecturer of Cappadocia University, Dental Technology Vocational School. He had become Professor in Prosthodontics Department at the Cyprus Health and Social Sciences University in 2017. He is the author of many national and international articles and has been lecturing and training the course participants on esthetic dentistry and dental materials.

Prof. Dr. Esra Uzer Çelik



Graduated from Faculty of Dentistry, Ankara University in 2001. She received a PhD degree in Restorative Dentistry from Ege University in 2007. She received the "Associate Professor" title in 2012 and "Professor" title in 2018.

Her research interests include esthetic dentistry, composite restorations, caries risk assessment, adhesion, clinical trials and digital dentistry. She

has authored or co-authored many peer-reviewed publications, and has given many presentations at national or international specific meetings. She is a member of International Association for Dental Research (IADR) and Turkish Association of Restorative Dentistry.

Doç. Dr. Taha Özyürek



Dr. Özyürek is working as full-time associated professor and chair at the Department of Endodontics, Faculty of Dentistry at İstanbul Medeniyet University.

Dr. Özyürek has authored and co-authored more than 80 articles on various endodontic topics especially about the mechanical properties of nickel titanium files in national and international peer-reviewed and indexed journals. Dr. Özyürek is working as a reviewer for many indexed

international journals. Dr. Özyürek has given several lectures, workshops and hands-on courses worldwide.

Dr. Özyürek is an active member of Turkish Dental Association (TDB), Turkish Endodontic Society (TED), American Association of Endodontists (AAE), European Society of Endodontology (ESE), and Italian Society of Endodontics (SIE).

Doç. Dr. Mustafa Gündoğar



Graduated from Marmara University Faculty of Dentistry. He received his PhD degree in Endodontics from The Institute of Health Sciences at Marmara University.

He is currently working at the Department of Endodontics, Faculty of Dentistry at Medipol University, İstanbul, Turkey. His areas of interests

are nickel titanium file's kinematic properties, cyclic fatigue of Ni-Ti Rotary systems and retrieval of broken files from root canals.

Dr. Gündoğar who is a well-known speaker has published many research articles in national and international peer-reviewed and indexed journals.



Registration

Fullpack Registration 1850 USD

Included

- 5 days course/ 18 CPD Hours credits
- 7 nights bed&breakfast accommodation at 5-star hotel (Sharing a twin or double room with another dentist)
- All materials, disposables and documents
- Dental and medical devices, instruments
- Coffee&tea refreshments during the course
- Lunches during the course
- Gala Dinner
- Transfers between: hotel-university, hotel-gala dinner, hotel-historical peninsula (city tour)
- City tour with guide

Your accommodation is based on sharing a twin room with another participant dentist. If you would like to stay single, please choose “Fullpack Registration – Single Room Stay”

Accompanying Person 850 USD

Included

- 7 nights bed&breakfast accommodation at 5-star hotel (Sharing a twin or double room with the participant)
- Gala Dinner
- Transfers between: hotel-gala dinner, hotel-historical peninsula (city tour)
- City tour with guide

Fullpack Registration – Single Room 2200 USD

Included

- 5 days course/ 18 CPD Hours credits
- 7 nights bed&breakfast accommodation in the single room at 5-star hotel
- All materials, disposables and documents
- Dental and medical devices, instruments
- Coffee&tea refreshments during the course
- Lunches during the course
- Gala Dinner
- Transfers between: hotel-university, hotel-gala dinner, hotel-historical peninsula (city tour)
- City tour with guide



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